

TELLURIDE BALLET WORKSHOP (*Intermediate - Pre-professional ages 13-19*)

Week 1: July 20th - 31st, 9am-3:30pm

10-Day session is \$850, with a 25% deposit due at time of registration.

Students can also choose one week of participation for \$500.

AUDITION DEADLINE is April 1, 2020. 10% early registration discount by April 15, 2020.

Daily classes include Ballet Technique, Pointe, Variations and Contemporary Ballet. Focus is on freedom of movement through clean technique and strength. Students are evaluated in order to establish reasonable summer goals. Classes are curated according to the specific needs of each participant. Pilates, barre, stretch, yoga and hiking are additional activities built into the program. Building confidence and encouraging healthy relationships in the supportive environments of studio and outdoors.

The program is modeled after other intensives Valerie has created for the Joffrey Ballet School and Colorado Ballet, with a sample day looking like this:

9-10:45 Ballet

11–12 Pointe/Variations

12 -12:45 Lunch

12:45 - 2:30 New Choreography Ballet and Contemporary

2:30 - 3:30 Pilates/yoga/hike/swim/stretch

For Application: please send a video link (class work to include adagio, petite allegro and pointe work no longer than 15 mins) along with teacher recommendation to tellurideballetworkshop@gmail.com.

Students from out of town may choose to participate in a home stay with local students or share with another student in a pre-screened Airbnb; camping with friends is also an option. Housing costs vary. Telluride Alpine Lodging offers dance families a 15% discount - use code 15PALM! when booking.