

## PALM ARTS DANCE CLASS DESCRIPTIONS

### Fairytale Ballet (age 3-5)

A beautiful beginning to ballet. Students will learn classroom etiquette, basic ballet skills, and develop respect for other dancers. Come enjoy this magical experience! *Dress Code: GIRLS: Pink leotard, pink tights, chiffon skirt and ballet shoes, BOYS: black tights/leggings, white t-shirt, black ballet shoes*

### Ballet

Focused, consistent ballet training. Students are challenged to strengthen their technique while they learn other dance disciplines and repertory. Emphasis is on the enjoyment of dance within the respect and discipline of classical ballet training. *Dress Code: GIRLS: Primary & Ballet I: Pink leotard, pink tights, chiffon skirt and ballet shoes, Ballet II and above: black leotard, pink tights BOYS: black tights/leggings, white t-shirt, black ballet shoes.*

**Primary Ballet:** ages 5-7

**Ballet Level I:** ages 7+ with 1 year ballet training

**Ballet Level II:** ages 9+ with 2+ years ballet training or teacher's permission

**Ballet Level III:** ages 10+ with 3+ years ballet training or teacher's permission – 2x week

**Ballet Level IV/Intermediate:** ages 12+ with 4+ years ballet training or teacher's permission – 3x week

**Pointe 1/ Pointe 2:** Ballet III, Ballet IV/Intermediate students with teacher's permission

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### Dancing Feet (ages 5-7) Tap and Hip Hop Combo Class

This combination class for the young dancer includes tap dancing and hip hop. Dancers will explore the basic steps of tap and the upbeat expressive style of hip hop. A half hour is dedicated to each dance style. Dancers must bring tap shoes to class each week. *Dress Code: dancewear & tap shoes*

### Fusion (ages 7-9) Tap, Hip Hop and Jazz Combo Class

This class is designed for dancers who are ready to kick it up a notch and dive deeper into the skills of tap and hip hop as well as explore some beginner jazz technique. Dancers must bring tap shoes to class each week. *Dress Code: dancewear & tap shoes, nude jazz shoes (optional)*

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### Hip Hop

Hip Hop focuses on building strength, coordination and developing confidence through energetic warmups and "funky footwork" *Dress Code: dancewear, clean shoes*

**Hip Hop 2** (ages 8-10)

### Boys' Hip Hop

This class will teach the basic fundamentals of breakdancing and hip-hop dance. Alongside the teaching of these dance styles, this class will also help build self-confidence and an appreciation for what the body is capable of doing.

**Beginner** (ages 7-10)

**Intermediate** (ages 11+)

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### Tap

Tap classes are designed to develop rhythm, style and sound. Students will learn a variety of tap styles from Broadway to Rhythm tap. Exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. The class emphasis is on developing proper tap technique, producing clear tap sounds, and having fun. As students progress through each level curriculum will become increasingly more complex and intricate. *Dress Code: dancewear & tap shoes*

**Tap 2** (ages 9-11) with 2+ years tap training or teacher's permission

**Tap 3** (ages 11+) with 3+ years tap training or teacher's permission

**Teen Tap** (ages 14+ with teacher permission only)

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### Jazz

Jazz showcases a dancer's individual style and originality. This high energy class is energetic and fun, consisting of unique moves, fancy footwork, leaps, kicks and turns. Exercises focus on building flexibility, across the floor combinations and center combinations. We strongly encourage dancers to train in ballet if taking a jazz class.

**Street Jazz** (ages 10+)

**Jazz** (ages 13 +)

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### Contemporary

A fusion of ballet, jazz and contemporary dance. Dancers will be encouraged to interpret and execute moves and steps in their own way and each dancer's individual style and originality will be allowed to shine. These classes are energetic and fun and include a variety of choreography styles.

**Contemporary** (ages 9 +)

**Advanced Contemporary** (ages 14+ with teacher permission only)

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### Fuse Hip Hop Performance Team (ages 10+)

This class is geared for those who are interested in performing locally. Dancers will learn a variety of dance techniques in preparation for off-site performance opportunities throughout the year. Enrollment in additional dance class required and full year participation strongly encouraged.